

| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|---|--|---|---|---|
| Breakfast | Assorted Cereals, Porridge, Toast and spreads | Assorted Cereals, Porridge, Toast and spreads | Assorted Cereals, Porridge, Toast and spreads | Assorted Cereals, Porridge, Toast and spreads | Assorted Cereals, Porridge, Toast and spreads |
| Snack | A Variety of Snacks will be Offered | A Variety of Snacks will be Offered | A Variety of Snacks will be Offered | A Variety of Snacks will be Offered | A Variety of Snacks will be Offered |
| Lunch | Tuna and Tomato Pasta with Vegetables | Roast Turkey with Seasonal Vegetables and Roast Potatoes | Vegetarian Chilli with Chick Peas and Rice | Beef Meat Balls with Vegetables and egg Noodles | Pea and Ham Risotto with Vegetables |
| Dessert | Vanilla Rice Pudding with Raspberry Jam | Fruit Jelly | Chocolate Sponge | Bananas and Custard | Fruit Crumble with Cream |
| Afternoon Snack | A Variety of Snacks will be Offered | A Variety of Snacks will be Offered | A Variety of Snacks will be Offered | A Variety of Snacks will be Offered | A Variety of Snacks will be Offered |
| Tea | Carrot Corriander Soup with Bread and Butter | Beans on Toast | Tuna and Salad Pittas | Ham and Tomato Pastry | Assorted Sandwiches |
| Dessert | Fresh Fruit Platter | Flapjack | Fruit in Juice | Fruit Muffin | Fromage Frais |

Please note: A Vegetarian option will be provided where meats are included

| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|---|---|---|--|---|
| Breakfast | Assorted Cereals, Porridge, Toast and spreads | Assorted Cereals, Porridge, Toast and spreads | Assorted Cereals, Porridge, Toast and spreads | Assorted Cereals, Porridge, Toast and spreads | Assorted Cereals, Porridge, Toast and spreads |
| Snack | A variety of snacks will be offered | A variety of snacks will be offered | A variety of snacks will be offered | A variety of snacks will be offered | A variety of snacks will be offered |
| Lunch | Lentil and Vegetable Hot Pot | Cowboy Sausages with Mash Potato and Vegetables | Chicken and Mushroom Pasta with Garlic Bread | Roast Pork with Seasonal Vegetables and Roast Potatoes | Fisherman's Pie with Vegetables |
| Dessert | Chocolate Corn Flake Cakes | Vanilla Rice Pudding with Raspberry Jam | Fruit Jelly | Blancmange | Fruit Coulis with Ice Cream |
| Afternoon Snack | A variety of snacks will be offered | A variety of snacks will be offered | A variety of snacks will be offered | A variety of snacks will be offered | A variety of snacks will be offered |
| Tea | Sardines on Toast | Leek and Potato Soup with Crusty Bread | Tuna and Cheese Pastry Turnover | Assorted Sandwiches | Whole Wheat Spaghetti on Toast |
| Dessert | Yoghurt with Dried Fruits and Honey | Muffin | Fromage Frais | Fruit Cocktail | Cherry Flapjack |

Please note: A Vegetarian option will be provided where meats are included

| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|---|---|---|--|---|
| Breakfast | Assorted Cereals, Porridge, Toast and spreads | Assorted Cereals, Porridge, Toast and spreads | Assorted Cereals, Porridge, Toast and spreads | Assorted Cereals, Porridge, Toast and spreads | Assorted Cereals, Porridge, Toast and spreads |
| Snack | A Variety of Snack will be Offered | A Variety of Snack will be Offered | A Variety of Snack will be Offered | A Variety of Snack will be Offered | A Variety of Snack will be Offered |
| Lunch | Fruity Turkey Curry with Vegetables and Rice | Macaroni Cheese with Vegetables | Fish Fingers, Mashed Potatoes, peas and Parsley Sauce | Sausage Goulash with Brown Rice | Beef and Mushroom Stew with New Potatoes and Broccoli |
| Dessert | Pears with Chocolate Sauce | Apricot Pastry Swirls with Cream | Lemon Drizzle Cake | Natural Greek Yoghurt and Fruit | Fruit pie with Custard |
| Afternoon Snack | A Variety of Snack will be Offered | A Variety of Snack will be Offered | A Variety of Snack will be Offered | A Variety of Snack will be Offered | A Variety of Snack will be Offered |
| Tea | Cheese and Tomato Pizza with Salad Sticks | Vegetable Burger with Lettuce and Tomato | Assorted Sandwiches | Butternut Squash and Sweet Potato Soup with Crusty Bread | Beans on Toast |
| Dessert | Muffin | Carrot Cake | Fruit in Juice | Flapjack | Semolina |

Please note: A Vegetarian option will be provided where meats are included

| Week 4 | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|--|--|---|---|---|
| Breakfast | Assorted Cereals, Porridge, Toast and spreads | Assorted Cereals, Porridge, Toast and spreads | Assorted Cereals, Porridge, Toast and spreads | Assorted Cereals, Porridge, Toast and spreads | Assorted Cereals, Porridge, Toast and spreads |
| Snack | A Variety of Snacks will be Provided | Fruit, Vegetables and Salad sticks | Fruit, Vegetables and Salad sticks | Fruit, Vegetables and Salad sticks | Fruit, Vegetables and Salad sticks |
| Lunch | Savoury Mince with New Potatoes and Vegetables | White Fish in a Cheese Sauce with Mashed Potatoes and Vegetables | Sweet and Sour Pork with egg Noodles | Mexican Chicken with Brown Rice | Vegetarian Lasagne with Garlic Bread |
| Dessert | Tapioca | Spiced Apple Crumble with Cream | Blancmange | Apple & Blackcurrant Swirls with Custard | Fruit Jelly |
| Afternoon Snack | A Variety of Snacks will be Provided | A Variety of Snacks will be Provided | A Variety of Snacks will be Provided | A Variety of Snacks will be Provided | A Variety of Snacks will be Provided |
| Tea | Tomato and Mozzarella Pastry Slice | Assorted Sandwiches | Tomato & Basil Soup with Crusty Bread | Ham and Cheese Quasadillas | Whole-wheat Spaghetti on Toast |
| Dessert | Fruit in Juice | Fromage Frais | Flapjack | Chocolate Rice Crispie Cake | Fruit in Natural Yoghurt |

Please note: A Vegetarian option will be provided where meats are used